# PROGRAMS AND SERVICES



#### LET'S TALK SERIES

4 PRESENTIONS FACILITATED BY OUR YSP TEAM THAT DISCUSS SUICIDE, RISK FACTORS, WARNING SIGNS, BOUNDARIES, AND THE STIGMA THAT SURROUNDS IT.

#### **OUTREACH SERVICES**

THE OPEN DOORS OUTREACH SERVICES VARY FROM EMPLOYMENT AND SCHOOL SUPPORT, TRANSPORTATION, REFERRAL TO DOCTORS, MENTAL HEALTH THERAPISTS AND COUNSELORS, AND OTHER COMMUNITY AGENCIES AND ORGANIZATIONS.

# 24/7 HELPLINE COMMUNITY HELPERS PROGRAM

HELPLINE PROVIDES SUPPORT
TO CLIENTS, THEIR FAMILY AND
FRIENDS, AND TO
PROFESSIONALS SEEKING
INFORMATION OR ASSISTANCE IN
SUPPORTING A CLIENT. THE
HELPLINE ALSO PROVIDES
DISTRESS INTERVENTIONS FOR
CLIENTS IN NEED OF IMMEDIATE
HELP. STAFF WILL PROVIDE
ASSISTANCE, TRIAGING, AND
REFERRALS FOR FOLLOW UP TO
PROVIDE SUPPORT.
24/7 HELPLINE: 780-679-4357
WETASKIWIN 24/7 HELPLINE: 780-360-2995

#### COUNSELLING SERVICES

THE OPEN DOORS OFFERS
COUNSELING SERVICES ON
A SLIDING SCALE FOR INDIVIDUALS 11-24 AND
THEIR FAMILIES.
CONTACT:
INFO@THEOPENDOORS.CA
PHONE: 780-679-6803

#### SMART RECOVERY

SELF-MANAGEMENT AND RECOVERY
TRAINING (SMART) IS A GLOBAL
COMMUNITY OF MUTUAL-SUPPORT
GROUPS. AT MEETINGS, PARTICIPANTS
HELP ONE ANOTHER RESOLVE
PROBLEMS WITH ANY ADDICTION (TO
DRUGS OR ALCOHOL, OR TO ACTIVITIES
SUCH AS GAMBLING OR OVER-EATING)
AS GUIDED BY THE 4-POINT
PROGRAM\*. WE ARE HOSTING FREE
WEEKLY SMART RECOVERY MEETINGS
IN BOTH CAMROSE AND WETASKIWIN!
CONTACT
INFO@THEOPENDOORS.CA

COMMUNITY HELPERS (CHP) IS A COMMUNITY-BASED SUICIDE PREVENTION PROGRAM FUNDED THROUGH ALBERTA HEALTH SERVICES. TRAINING PROVIDES PARTICIPANTS THE SKILLS TO BETTER TAKE CARE OF THEMSELVES AND TO HELP OTHER INDIVIDUALS. THEY ARE INTRODUCED TO COMMUNITY HELPING PROFESSIONALS AND LEARN HOW TO REFER TO THESS SERVICES.

ARTURV@THEOPENDOORS.CA PHONE: 780-679-8287

### GRAB AND GO FOOD PROGRAM

GRAB AND GO BREAKFAST IS SERVED FROM 7:00AM - 8:30AM GRAB AND GO DINNER IS SERVED FROM 5:00PM -6:30PM LOCATION : 4707, 56TH STREET CAMROSE, ALBERTA

#### **TENANT EDUCATION**

THE TENANT EDUCATION PROGRAM
TEACHES ALL THE STEPS OF MOVING
OUT THAT INCLUDE LOOKING FOR A
PLACE, BUDGETING, AND HOW TO BE
A RESPONSIBLE TENANT,
CONTACT:
INFO@THEOPENDOORS.CA
PHONE: 780-361-6860

#### HARM REDUCTION

INDIVIDUALS CAN ACCESS
STRATEGIES AND HARM REDUCTION
SUPPLIES AIMED TO HELP MITIGATE
POTENTIAL IMPACTS OF HIGH-RISK
BEHAVIOR. NALOXONE TRAINING
AND NALOXONE KITS ARE ALSO
AVAILABLE

CONTACT 24/7 HELPLINE: 780-679-4357

#### **BASIC NEEDS**

YOUTH CAN ACCESS FOOD, HYGIENE, AND HOUSEHOLD ITEMS TO MEET THEIR BASIC NEEDS. CONTACT 24/7 HELPLINE: 780-679-4357

# **PROGRAMS AND SERVICES**



#### ADULT NAVIGATION

ASSISTING INDIVIDUALS WITH NAVIGATING COMPLEX SYSTEMS, ACTING AS BOTH AN ADVOCATE AND A GUIDE, ASSESSING INDIVIDUALS DIVERSE SERVICE PRIORITIES. DEVELOPING PERSONALIZED CARE PLANS AND ASSISTING IN ACHIEVING CARE PLANS AND GOALS

CONTACT: INFO@THEOPENDOORS.CA

#### YOUTH NAVIGATION

PROVIDING COORDINATION OF SUPPORT ACROSS A VARIETY OF SYSTEMS AND NAVIGATING CLIENT'S AREAS OF NEED THAT INCLUDE REFERRALS AND ASSESSMENTS.

> CONTACT: INFO@THEOPENDOORS.CA

## VICTIM SUPPORT SERVICES

OUR SPECIALIZED CRIMINAL JUSTICE NAVIGATORS PROVIDE CRUCIAL ASSISTANCE TO VICTIMS, OFFERING SPECIALIZED SUPPORT TAILORED TO THEIR NEEDS. WE FOCUS ON PROVIDING VICTIM-CENTRIC, CULTURALLY APPROPRIATE, AND TRAUMA-INFORMED CARE TO **ENHANCE SERVICES IN AREAS LIKE WETASKIWIN AND** COUNTY, PONOKA, AND MASKWACIS, BY COLLABORATING WITH OTHER VICTIM-SERVING ORGANIZATIONS, OUR PROGRAM MAXIMIZES RESOURCES TO SUPPORT VICTIMS NAVIGATING THE CRIMINAL JUSTICE SYSTEM, THROUGH OUR DEDICATED STAFF, ONGOING TRAINING, AND COMMUNITY ENGAGEMENT, WE STRIVE TO IMPROVE THE QUALITY AND ACCESSIBILITY OF VICTIM SUPPORT SERVICES, ENSURING THAT VICTIMS RECEIVE THE GUIDANCE AND SUPPORT THEY NEED WITH DIGNITY AND RESPECT.

> FOR MORE INFORMATION CONTACT: INFO@THEOPENDOORS.CA

#### CRIME PREVENTION

COMMITTED TO MAKING A POSITIVE IMPACT BY PROVIDING INTENSIVE ONE ON ONE SUPPORT TO OFFENDERS WITHIN THE CRIMINAL JUSTICE SYSTEM. SERVICES OFFERED INCLUDE CRIMINAL JUSTICE NAVIGATIONS, RESTORATIVE JUSTICE FACILITATION, IN PERSON COURT SUPPORT AND CORRECTIONAL SUPPORT ALSO OFFERED IS A MENTAL HEALTH DIVERSION PROGRAM THAT AIMS TO CUSTOMIZE A CASE PLAN THAT GUIDES THE CLIENT TO A PATH OF WELLNESS AND SUCCESS

CONTACT: INFO@THOPENDOORS.CA 780-361-8386

#### RESTORATIVE JUSTICE

THE RESTORATIVE JUSTICE **PROGRAM PROVIDES** ALTERNATIVE MEASURES TO YOUTH WITH CRIMINAL CHARGES. SERVICES INCLUDE COURT SUPPORT, SUPPORT NAVIGATING THE CRIMINAL JUSTICE SYSTEM. AND SUPPORT WITH PROBATION AND PAROLE CONTACT: INFO@THEOPENDOORS.CA







